



SEEDS OF SERVICE



Issue 4
Fall 2024

Seeds of Service

The WPA Area 60 newsletter is published quarterly by the Area Committee. It is for AA members only. The opinions expressed are those of the contributors and not necessarily that of the Area Committee or Alcoholics Anonymous as a whole.

We hope *Seeds of Service* will be a useful reference for GSR reports.

Distribution

Paper copies are distributed to DCMs at each quarterly meeting for redistribution to AA groups through their GSRs. A PDF copy of the newsletter is available at www.wpaarea60.org. It can also be sent electronically to DCMs and GSRs, if the Area Registrar has a correct email address.

Write for SoS

The 2023 theme for the General Service Conference is
"Connecting with Love, Unity & Service"

- ◆ Winter Topic: "Responsibility in Service: When and How to Give"
- ◆ Spring Topic: "Safety Throughout the Structure in our Fellowship"
(deadline 4/17/2024)
- ◆ Summer Topic: "1728 Sponsorship"
(deadline 7/31/2024)
- ◆ Fall Topic: "Overcoming the Barriers to Participation"
(deadline 11/20/2024)

Submission Guidelines

Suggested text length is 150 to 300 words. Artwork should be **b&w**, less than half a page (3"x5"), and 300 dpi. Material should be generally relevant to the theme, and may be edited for clarity and length. All material submitted on time is reviewed, selected by topic, and may appear, based on available space. The newsletter does not publish song lyrics, tributes to individuals, prayers, plays, or anything unrelated to AA or that violates the principles of AA.

Please include your first name and last initial, district, and home group.

Submissions may be emailed to:



"OVERCOMING BARRIERS TO PARTICIPATION"

HOW LONG IS THIS GOING TO TAKE?

Jim G., Zelig Second Chance Group, D62

Several years ago, I pulled a calf muscle while doing sprints to improve my running speed. Probably not a great idea for a guy in his 50s. It was so painful that I had to stop and limp-walk home. I've had many pains over the years while road running (dog bites, bleeding blisters, out-of-the-blue fixations on the harm I caused as a self-absorbed fool), but I never had to walk home before! I've gone through inventories and made direct amends. Maybe those gnawing fixations were heat exhaustion?

I talked to a running friend who had gone through the same injury. My first question: "How long is this going to take?" My friend gave me a very specific recovery regimen: No running for four to six weeks. Gentle soleus stretch for five minutes, five times a day. He cautioned that deviating from this schedule would only prolong the non-running recovery period.

I hate stretching. It's boring and there are no immediate tangible results. "What's the worst-case scenario if I do about half of what he's suggesting?" "Maybe I'll stretch a little and try running in a week or two." A couple days later, I went to an AA meeting. There was a new girl there and she brought up the topic: "How long is this going to take?"

Lots of good things were said. "It's different for everyone." "Be patient." "Go to meetings and just listen." "Pray." "Get a sponsor." "Work the steps." "Sobriety is a journey, not a destination." "You'll be amazed before you're halfway through." "Half measures availed us nothing." "Welcome." "We'll help you."

Of course I related my story about my calf muscle. About how I didn't want to do what was necessary. I just wanted to get to the good part. I never saw her again. And of course I handled my calf muscle recovery "my way" and it took longer than the prescribed six weeks. My first sponsor had a favorite saying:

"Repetition. Repetition. Repetition."

Sober life is exciting, but it's not always "life in the fast lane," as the song goes. The aches and pains that come with running – that come with living – can be a gentle reminder to slow down, to do the next right thing, even if the results aren't tangible or immediate, even if it seems boring and repetitious.

I'm still running! Most importantly, I'm still sober!

Step 11

Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

(Commitment)

Tradition 11

"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films

(Attraction)

Concept 11

"The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern."

(Respect)

Overcoming Barriers To Participation

Christopher M., D61, GSR

I have encountered a variety of “perceived” barriers over the years. In many different situations and endeavors. Some of these barriers were real, some misunderstood, some imaginary. Thinking about the theme of connecting, I am struck by the implication of NO existing barriers; that the “ideal” connection would not be hindered by any such disruption.



What a wonderful vision of connection that is!

We have more options available to us than ever before to connect with one another. However, the barriers seem very similar to times past. Are they real? Many may immediately think about the physical and financial “barriers” such as transportation, lack of bus fare, rural locations, distance to meetings, and the like. I think these are excuses rather than barriers. Those arguments support a **victim mentality** that I believe can be symptomatic of **alcoholic thinking**. The barriers to my personal participation in recovery are fear (more than a hundred forms), self-doubt, lack of confidence, “uniqueness”, ego, a lack of open mindedness, unwillingness, years of defeat, and simply not being sure I have the energy to “show up”. One of my biggest “fear barriers” is not quite “**measuring up**” to what people will think of me. How they will judge my recovery? How they will feel about my participation? My friends, THAT is not a valid barrier. That is more of the “self imposed prison” we hear so much about.

My life is hanging in the balance and I can worry my way out of getting involved in the very thing that will save it! I should note that it has taken me over 20 years to get to this little tiny bit of courage and willingness. That’s a long time and the barrier **FELT** every bit as real as a brick wall. On the other side of that wall I have found an amazing gift of life that I could never have dreamed of. God has blessed me beyond measure. I have experienced the promises. I have treasures I could not have dreamed about. All because I work the Twelve Steps as they are outlined in the Big Book. As a newcomer, approaching three years of sobriety, I will run like my hair is on fire through whatever may be in my way. The barriers to participation that I face may not be the same for everyone; my biggest one is Fear.

And, fear?? It is a liar.

PCAW 2025

Let your voice be heard!

The Pre-Conference Assembly Weekend (PCAW) is where the Fellowship gathers to establish the group conscious of Area 60.

Come for the fellowship stay to be of service!

Save the Date

April 4-6, 2025

at The DoubleTree Hilton in Cranberry



Reach out to PCAW

Coordinator, Tami D. ,to get involved!

We could use your help!!!

pi@wpaarea60.org

Yes, We Are Blessed

Denny D., Monday Big Book Study Group

GRAPEVINE

DAILY QUOTE

I laid in silence, awakened from yet another morning-after blackout. Before I would rise, for the first time in my life of then 65-years, I was blessed with the gift of desperation and a willingness to stop drinking.

It was July 27, 2019. Five years earlier I was around AA. In that morning moment of clarity, after 46 years of progressive alcoholism, my spirit moved me to return. Finding a sponsor was paramount.

Although I didn't plan for it to happen this way, a shortlist of a handful of persons evolved from different meetings during that first week of sobriety.

Among them was a person who offered sorely needed comfort at the end of a huge meeting, at which, I totally unraveled emotionally during my share. When I first attended his lead, he would say that he makes it a practice to engage newcomers. Over time, he induced me to seek the Four Absolutes, which became a cornerstone in my spiritual growth and development.

Later that week another person intrigued me by the depth and sincerity of his share. Truth be told, I was intimidated by his presence. Today, we greet like brothers with love and warm hugs wherever we cross paths, usually weekly.

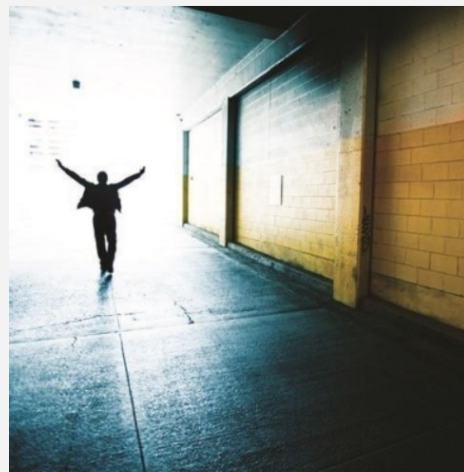
Fast forward to my third month of sobriety when my sponsor, who I love like a brother, made good on an earlier promise that my third step would occur in an upstairs bedroom of Dr. Bob's house. A group of five would depart from a park-and-ride in order to arrive in Akron for a noon meeting.

Earlier, my sponsor signed off on my request to expand the third step prayer to include sentiments that were important for me personally to pray aloud.

I would pray my expanded version of the third step prayer on my knees at the side of a bed in that upstairs bedroom. My sponsor was on his knees to my left. The person whose mere presence once left me intimidated, was on his knees to my right. The driver of our caravan that day once aided me with comfort in a time of need.

For a period of moments before the prayers end, the stream of tears and love among us seemed endless to me.

Yes, we are blessed.



NO MATTER WHAT
DEALING WITH ADVERSITY IN SOBRIETY

Stories from AA Grapevine

November 29, 2024

“The greatest promise in the program is the one in the Twelfth Step. It tells me I will have a spiritual awakening as the result of the Steps. I know I need that awakening to have a chance to stay sober.”

“Life— It Happens,” White Rock, British Columbia, May 2005, No Matter What: Dealing with Adversity in Sobriety.



Send your AA questions to our **Virtual Ask-It Basket** at news-letter@wpaarea60.org or





The Miracle of AA

Monica A., KISS Group, District 1

I want to talk about AA Unity and the Fellowship. The Fellowship of AA is such an amazing experience! ***It is a very personal reflection of our souls.*** For me, ***I didn't have a soul to feel*** when I was still in my addiction!! Upon entering the rooms of AA I had no idea what I was going to find. When I walked into these rooms there was a smile, a handshake, a hug and a feeling of being in a place where I finally belonged!!! I found that feeling of belonging and a sense of something that was here, something special...

That feeling was a togetherness that I never experienced before. The "normal" person cannot experience this feeling that us alcoholics feel inside our precious rooms. It's something so very intimate and personal, yet felt by millions of sober people!!! It's a feeling of singleness of purpose and a Unity that cannot be described, only felt. It's the most amazing feeling I've ever experienced.

Think about it, a bunch of drunks talking about their experience, strength and hope with each other, hoping to keep each other from that first drink of the devil and spiraling into hell!!! We share with each other the Awesome book, "Alcoholics Anonymous" and the amazing 12 Steps of Sobriety. Each one teaches us how not to drink ***Today***. One Day at a Time. Through the Book and the Steps we share in the wonderful gift of sobriety. It's uncanny but ***IT WORKS IF YOU WORK IT.*** That's the simple truth.

One of the most rewarding moments of Sobriety is when you see someone who finally realizes they "want what we have" and are willing to go to "any lengths to get it."

That is when the "Miracle" happens. You see that twinkle in their eye and they want to share with everyone what they are feeling! It's such a satisfying moment to see a person receive the beautiful gift that was freely given to us all. We, in this fellowship, share in their joy and will continue to keep sharing our experience, strength and hope...because that's what we do! ***WE HAVE TO GIVE IT AWAY IN ORDER TO KEEP IT.*** Giving it away intensifies our Desire, that Deep-Down-Desire to stay sober, to help another alcoholic.

That, my friend, is what this fellowship is all about...to help those who are still suffering. Just as I was helped by the most incredible people I've ever met.

Thank you Bill W. and Dr. Bob for this wonderful gift you both have given me and countless others!



But... I'm Afraid

Beth B., Women's Steppers Steps & Traditions, D11



My initial reaction to my sponsor telling me that her sponsees take meetings into the county jail when they reach two years of sobriety was: hard pass. ***The prospect was pretty terrifying for my 5 feet tall, never-ever-have-I-been-incarcerated self.***

When I'm scared, I tell myself things that aren't true. Such as, I'm going to mess this up. The women in jail will hate me. They are going to be mean and nasty. I begin to believe every word.

I invent "what if" scenarios. I project. I play God.

The funny thing about service in AA is: ***It's not about me at all.*** Service is about saying yes when I most certainly want to say no and accepting that my life is not really up to me anymore. When I say yes, it doesn't mean I have to have the answers, or that I'm charged with fixing anything or anybody. It simply means that I'm willing, which is all that is required of me in AA and in life.

One of the best things I've ever heard in an AA lead was: ***I expect to be inconvenienced by Alcoholics Anonymous on a regular basis.*** To me, that means I have to be in service to AA — through fear, through discomfort, and in good times and in bad. When I am, there's a lesson. More often than not, there's a spiritual experience as well. ***And there is always gratitude.***

In service, the bondage of self disappears. I can self-forget and in doing so I remember exactly what this sobriety thing is all about.

It's funny, I've learned more about freedom by visiting people who are locked up than I ever have anywhere



Put God in one hand
and A.A. in the other
you can't pick up a
drink

3rd Step Prayer

God, I offer myself to Thee—
to build with me and to do
with me as Thou wilt. Relieve
me of the bondage of self,
that I may better do Thy will.

Take away my difficulties,
that victory over them may
bear witness to those I would
help of Thy power, Thy love,
and Thy Way of life. May I do

Thy will always!

Alcoholics Anonymous

Pg 63



A Journey To Akron

“On Gratitude” With The Hicken's Brothers



This Great Love

Mike Hicken, Akron, OH



Can I ever be grateful enough for what I've received?

There was an old Amish man by the name of Mose Yoder who asked that question often at meetings. We all remember him well and today when I hear that question I immediately think of my Mom and Dad.

They didn't have much but all they had they gave us. When we were little boys, we were like a pack of wild dogs. We have always been very close. We now believe that was the love our mom and dad had for us. No matter what we did that love would never be broken. Could we ever be grateful enough for them and the things they did for us? Of course we would have to grow up, Jack would join the Marine Corps after high school, Tom would join the Army; Paul would get married to his high school sweetheart and me and Wayne would join the Army a few years later. We would all get married go through the military and during this time our drinking would get worse. These beautiful wives and children would cling to us like bark on a tree. Sadly, we would put them through some hard times and the bark was coming loose. But for the grace of God, we would find Alcoholics Anonymous. At a retreat that Tom went to every year (unbeknownst to him was an AA retreat) a man took Dad aside and did what we would come to know as a Twelve Step Call. We thought dad had a drinking problem but not us of course! After that weekend there was a marvelous change in Dad. ***He quit drinking!*** Tom would take Dad to a couple of meetings but Dad would not last and would return to his old ways. Tom would stay and has been sober continuously since 1970. I would join him in 1971, Jack in 1975 and Dad would join us again and stay sober until his death. Paul would join us in 1978 and Wayne in 1979. ***It was nine years between us but now we are joined together.***

We have had such an abundant life in AA. We seemed to have sprouted and grown. Our first family lead was many years ago. My Dad was still with us and what a joyous occasion it was. We didn't know then but there would be many, many more to come. We have been all over the place, Canada (Blying Island), NY, PA, WV, IN, WI, FLA and all over Ohio. ***Words cannot express the love that we have been shown.*** You know the old story, the more you give the more you get back. There are no words for this great love. It's been a humbling experience to have shared this great love with so many. I know deep in my heart that love comes from God.

I guess I will always ask myself...could I ever be grateful enough?

In God's Hands When we look back, we realize that the things which came to us when we put ourselves in God's hands were better than anything we could have planned. - Bill W.

Why I'm Grateful (Gratitude)

A Hicken Brother, Akron, OH

The Oxford Group's
Four Absolutes

Honesty
Unselfishness
Purity
Love

First it must be because I have God in my life who takes care of all my needs as far back as I can remember.

He has been a big part of my life in good times and bad. He has always been there to see to my needs. Of course, I'm grateful for my wife, our children, grandchildren and that they're healthy and alive. I am grateful for my brothers and their families. God has steered me down the right path in many parts of my life and made me make better decision to live by. The greatest one being to become a member of Alcoholics Anonymous.

My sobriety is no doubt the greatest thing in my life to be grateful for.

I am glad to be part of such a great fellowship. I can go anywhere in the world and be comfortable knowing that AA is there with me. What I have been given is so special that I must give it away in order to keep it. I know that sounds strange but that's the way it is. I have been taught so many selfless things by people in the program.

How could I not be grateful? I can start off with the four absolutes Honesty, Unselfishness, Purity and of course Love. They have changed my whole life from being a cast out to a person who is willing to go out of my way to help others turn their lives around in AA. AA has shown me a new way of life that makes me more than just happy.

I want to live and share this new way of life with others. ***As it's been said many times, in many ways and different places, God gave me a second chance at a new life full of happiness and joy.*** How grateful could I be? Just when I think He has given me all it takes to survive in this new way of life he gives me these 12 steps to work the rest of my life and to be even better. There is a lot for me to be grateful for in my life. Gratitude to my God and the many, many graces that He has so abundantly poured out on my life as I humbly submit to His holy will.

Thank you Holy Father for your great love, mercy and kindness.

***IS IT TRUE OR FALSE?
HOW WILL IT AFFECT THE
OTHER FELLOW?
IS IT UGLY OR BEAUTIFUL?
IS IT RIGHT OR WRONG?***

Another Grateful Heart

A Hicken Brother, Akron, OH

I am from a family of alcoholics. Me and my four brothers are recovering from this seemingly and hopeless disease of alcoholism. We are very grateful for this life giving gift of Alcoholics Anonymous. My sobriety date is the 24th of November 1978 and needlessly to say I am very grateful for these 46 years of sobriety. My life and my family have been greatly blessed through AA. My son Paul has been sober for 42 years and what a blessing that is. I met my wife in high school. When she graduated we were married and have been together for 63 years. We have 5 children, 7 grandchildren and one great grandson. I have two home groups I got started in and I am still very active in both of them. Doctor Bob said:

"AA boils down to love and service."

He said go to meetings, help others and be grateful and you know Today, I am.

“Begin with Gratitude”

Tom Hicken, Akron, OH

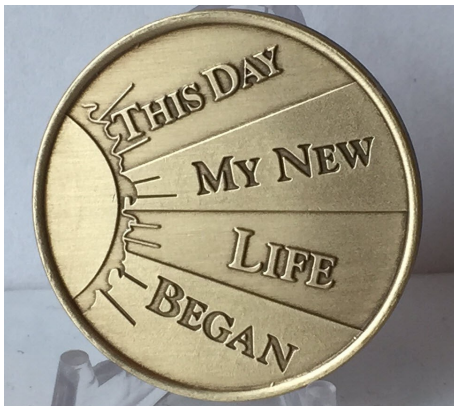


I am not much of a writer, but Meagan asked me and the boys to write down a few random grateful thoughts. *I've been sober for 54 years.* Looking back in the rear-view mirror I can see clearly the more time I spend in gratitude the better my days go.

Early in my sobriety I was blessed to read an article about God's love and mercy. It went something like this, ***“God let me respond to Your love with a humble and grateful heart. Help me live this life well so I can spend eternity praising You”.***

When you start your day with gratitude, as the day unfolds, see what special chances you have to love your neighbor as yourself. I know a thankful, grateful heart takes the sting out of adversity. I also know when I have a grateful heart, I am more loving, humble, kind and ready to serve.

So, when you awake in the morning ask for a sober day, a grateful loving heart and believe that HE will bless you abundantly. He never fails.



“The Gift of AA, & To Be Alive”

Our Brother Jack Hicken, Akron, OH

Jack can't write very well and asked me to jot down a few grateful thoughts. Some years ago Jack had an accident and can't hold a pen or pencil well enough to write.

He really is a walking miracle.

I asked him what he was grateful for and he replied just to be alive and the wonderful gift of Alcoholics Anonymous in his life. There are so many things to be grateful for. A God of my understanding, my children and my wife. Sadly, she passed away this year leaving a big hole in my life but my children, brothers and AA have kept me going. ***It's just living life on life's terms.*** But for the grace of God are we ever grateful enough? Life doesn't always seem fair but thank God for AA and the life it has made for me. ***God Bless and Keep YOU always!***

PROGRESSIVE GRATITUDE- Gratitude should go forward, rather than backward.—As Bill Sees It p.29

I am very grateful that my Higher Power has given me a second chance to live a worthwhile life. Through Alcoholics Anonymous, I have been restored to sanity. The promises are being fulfilled in my life. I am grateful to be free from the slavery of alcohol. I am grateful for peace of mind and the opportunity to grow, but my gratitude should go forward rather than backward. I cannot stay sober on yesterday's meetings or past Twelfth-Step calls; I need to put my gratitude into action today. Our co-founder said our gratitude can best be shown by carrying the message to others. Without action, my gratitude is just a pleasant emotion. I need to put it into action by working Step Twelve, by carrying the message and practicing the principles in all my affairs. I am grateful for the chance to carry the message today!

“AA– A Lifeline Behind Bars”

Benjamin B., The Washington Group, D14



My name is Benjamin , and I’m an alcoholic. My sobriety date is November 5, 2023.

I wasn’t the kind of alcoholic who became docile when I drank. I didn’t get arrested every time I drank, but every time I got arrested, alcohol was involved. My drinking didn’t begin until adulthood, but when it did, it quickly spiraled out of control. By 2014, I faced legal consequences directly tied to my drinking. At the urging of the courts, loved ones, and my own body, I entered my first 30-day rehab.

I had no concept of recovery or sobriety then. I believed rehab would teach me how to drink successfully. I’ll never forget my first AA meeting during an outside trip from rehab at the Washington Group, lovingly known as the Cookie Church. That meeting is now my home group. The love, joy, and care I felt walking through those doors were overwhelming. People were laughing, and someone shook my hand the moment I arrived. ***For the first time, I saw a world beyond getting drunk.***

Recovery didn’t stick then, and I found myself in and out of institutions. After finally attaining a year and a half of sobriety, I stopped working my program. When I lost my mother and grandmother within two months, I drank again—and soon found myself back in jail.

In jail, the AA meetings brought in by volunteers became my lifeline. ***That hour of recovery and connection was a beacon of hope.*** It gave me the strength to focus on sobriety upon my release.

When I got out, I went to a meeting the same day, then every day after that. I found a sponsor, whom I call daily, and we’ve worked through all 12 steps together. By the grace of my higher power and the fellowship of AA, I recently celebrated one year of sobriety.

This was only possible through surrender, working the steps to the best of my ability, and sharing my experience, strength, and hope with others. If you’re fortunate and willing enough to carry the message into places like jails, please do. The people there are often at a crossroads, making life-altering decisions about who they will become. Your presence can make all the difference.

Today, I am grateful to be sober, connected, and living a life I never imagined possible.

BRIDGING THE GAP
 BETWEEN TREATMENT & A.A.
 THROUGH TEMPORARY CONTACT PROGRAMS

This is A.A. General Service Conference-approved literature.

What it is?	Duties:
<p>Many of us either did not know how to find AA when we first started out, or were too scared to go alone. When we finally got up the courage to go we were not able to ask to a room full of strangers for help.</p> <p>Bridging The Gap is made up of AA members that help people transition from hospitals and institutions to AA in their home communities.</p>	<p>Volunteers will act as a temporary contact to people leaving facilities by:</p> <ul style="list-style-type: none"> - providing information - taking people to meetings - ...and more! <p><i>(Suggested 6 months or more of consecutive sobriety)</i></p>

Volunteer Today!

Treatment Coordinator: Maurice C.

Treatment@wpaarea60.org

Get to Know Area 60!



Two Types of Area Meetings

1. **Quarterly Meeting:** Decides area business. DCMs, Area Officers and Coordinators, past Delegates vote.
2. **Area Assembly:** Elects officers, provides pre-Conference group conscience, hears the Delegate's post-Conference report. GSRs, DCMs, Area Officers and Coordinators, past Delegates vote.

ALL members of the Fellowship are welcome at meetings and assemblies. GSRs are especially encouraged to attend even when they do not have a vote.

Every GSR is potentially a future DCM.

Rules of Order at Area 60 Meetings

- Items for consideration are put on the **agenda**.
- Items are posed to the meeting in the form of a **motion**.
- All motions require a **second**.
- Motions can be *amended, tabled, or moved to a vote*.
- A vote is taken and the **results** are announced. The **minority vote** is allowed to voice its opinion.
- If a member of the majority (those who "won") wishes to **change their vote**, a second vote is held on the motion.
- The result of the second vote stands and the meeting **moves to the next item** for consideration.

What's the "Point of Order?"

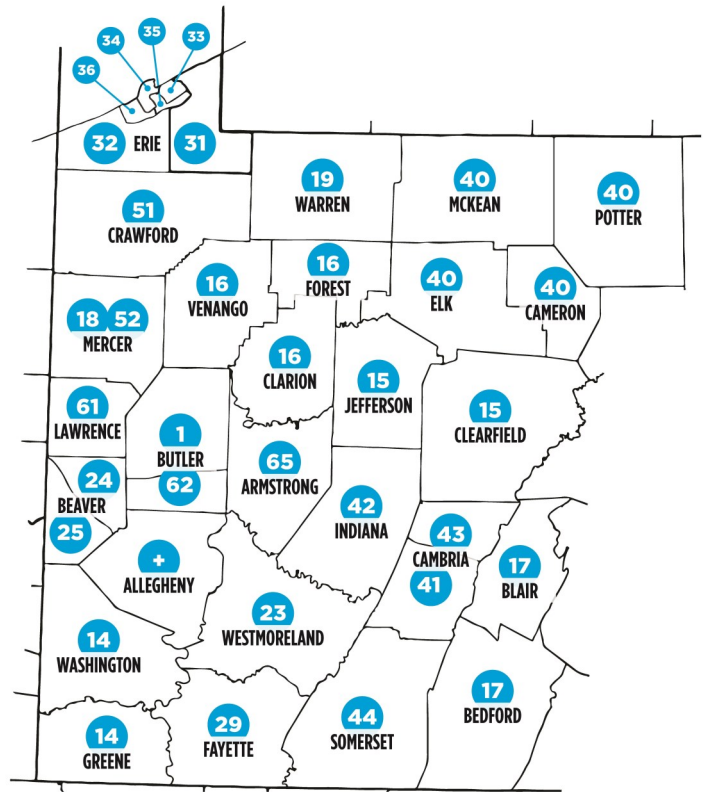
- ◆ To ensure that all voices that wish to be heard are heard.
- ◆ To ensure that no one voice dominates all others.
- ◆ To ensure that everyone gets to speak **once** before another speaks **twice**.
- ◆ To ensure that everyone understands the content of the vote.
- ◆ To ensure that it is clear what actions were taken.
- ◆ To ensure a thorough record of the actions taken.

Motions requiring substantial unanimity of the meeting require a two-thirds majority for approval. In some cases, the minority opinion (the people who "lost" the vote) may be larger than 50% of the vote.

Area 60 Web Calendar

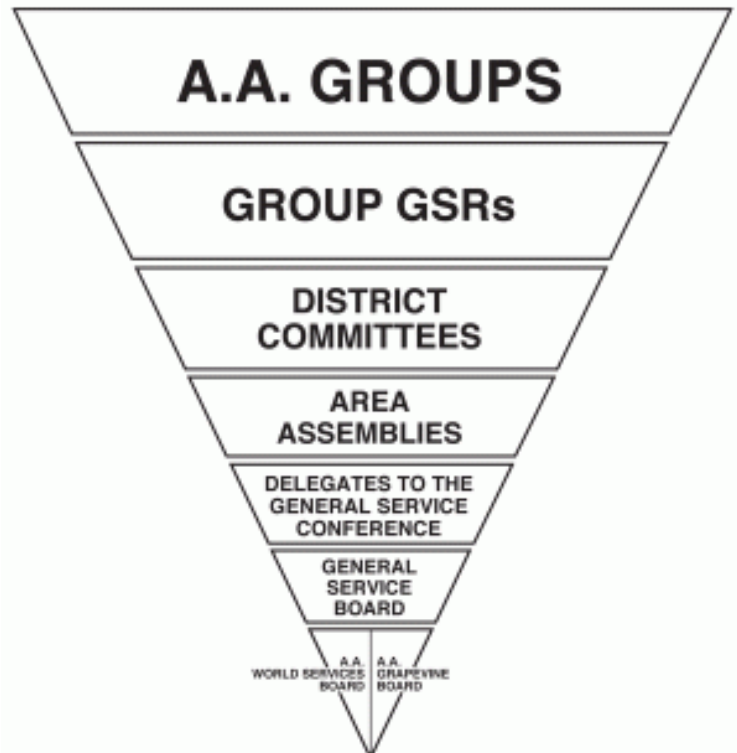
<https://www.wpaarea60.org/calendar/>

Our website has an updated online calendar, which lists service events (Pre-Conference Assembly Weekend, the General Service Conference, assemblies, etc.) in **green**; Area 60-sponsored events (quarterly meetings, Days of Sharing, etc.) in **blue**, and other events of interest to AAs (district-level events, recovery community events, etc.) in **red**.



* Allegheny County: 2, 3, 4, 5, 6, 7, 8, 10, 11, 12, 20, 21, 22, 27, 28, 70, 71

STRUCTURE OF THE CONFERENCE (U.S. and Canada)



2025 Calendar of Events

Area 60 meetings are held at: Greater Pittsburgh Masonic Center,
3579 Masonic Way, Pittsburgh, PA 15237

DATE	TIME	EVENT
December 8, 2024	9 am To Be Determined...	Officers/Coordinators Meeting Panels 71 & 73
January 19, 2025	8:30 am Registration 9 am Workshop 10:15 am Meeting	1st Quarterly Meeting Finance Committee
February 8, 2025	D65 Center Hill Fellowship Hall Kittanning, PA	Day Of Sharing– D65
February 16, 2025	9 am Zoom	Officers/Coordinators Meeting
February 21-23, 2024 4	Virtual ONLY– All Weekend	NERAASA
March 8-10, 2025	All Weekend	NERD
April 4-5, 2025	Hilton DoubleTree , Cranberry 910 Sheraton Dr. Mars, PA 16046	PCAW WEEKEND
April 6, ,2025	Hilton DoubleTree- Cranberry 8:30 registration, 9am workshop, 10:15 meeting	Pre-Conference Assembly
April 27– May 3	All Week New York	General Service Conference
June 1, 2025	Masonic Center 8:30 registration, 9am workshop, 10:15 meeting	Post-Conference Assembly

WESTERN PENNSYLVANIA AREA 60

ELECTED OFFICERS:

Delegate: Jon C. delegate@wpaarea60.org
Alt Delegate: Walter G. altdelegate@wpaarea60.org
Chairperson: Dani M. chairperson@wpaarea60.org
Alt Chair: Sherri Lynn D. altchairperson@wpaarea60.org
Secretary: Scott Mc. secretary@wpaarea60.org
Treasurer: Mario D. treasurer@wpaarea60.org

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Recording Secretary: Desiree A. recsec@wpaarea60.org
Newsletter Editor: Meagan C. newsletter@wpaarea60.org
Alt. Newsletter Editor: _____ altnewsletter@wpaarea60.org
Finance Committee
Chair: Ben P. financecommittechair@wpaarea60.org

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Treatment/SN: Maurice C. treatment@wpaarea60.org
Alt. Treatment/SN: _____ treatment@wpaarea60.org
Website: YOU! website@wpaarea60.org
Tech Coordinator: Adam G. tech!@wpaarea60.org

AREA 60 WEBSITE

There are many resources on the Area 60 website, including: back issues of the newsletter, flyers for Days of Sharing, the Area 60 calendar, Area 60 Guidelines, pamphlets, service documentation, and more. Direct questions or suggestions to the Website Coordinator at website@wpaarea60.org.

DONATIONS TO AREA 60

Support from groups and individuals is always welcome and appreciated! Make checks payable to:

Area 60 Treasurer
PO Box 639
Monroeville, PA 15146

See All Those ___s to the Right?

Several service opportunities are available throughout Western PA Area 60. When by devoted service to family, friends, business, or community we attract widespread affection and are sometimes singled out for posts of greater responsibility and trust, we try to be humbly grateful and exert ourselves the more in a spirit of love and service. – 12th Step Twelve, p.124